

NAME: _____

DATE: _____

Learning Strategy
(Unit 6, page 68, Listening Comprehension)

LISTENING STRATEGY: preparing to listen

To listen for specific information, read each task carefully first—before you listen to each person speak. Think about what kinds of questions you need to answer. Then listen for the answers to those questions.

PRACTICE

Read the questions below. Then listen again and put a check before the correct answers.

2. Jessica Miller:**QUESTION: How often does she exercise?**

- ☐ every day
- ☐ five days a week

QUESTION: What does she eat a lot of?

- ☐ greens and fruit
- ☐ fried foods

QUESTION: What meal does she never miss?

- ☐ lunch
- ☐ breakfast

2. Juan Reyneri:

QUESTION: What kind of meals does he eat?

- ☐ generally eats small meals
- ☐ generally eats large meals

QUESTION: What does he try to avoid?

- ☐ sodas and fries
- ☐ sodas and sweets

QUESTION: What kind of exercise does he do?

- ☐ goes running and swimming
- ☐ goes running and lifts weights

3. Naomi Sato:

QUESTION: How often does she exercise?

- ☐ exercises regularly
- ☐ doesn't exercise regularly

QUESTION: What does she eat every day?

- ☐ fish
- ☐ vegetables

QUESTION: What does she make on weekends?

- ☐ soups
- ☐ cookies